

Vector Racing Open 25 Mile Time Trial

Including the Northumberland & Durham Cycling Association 25-mile Championships



Sponsored by:



Sunday 23rd April 2023

First rider off: 08:31AM

Course: M2510

Event Secretary

Lewis Timmins

30 Rowland Burn Way, Rowlands Gill, NE39 2PU

trivectorracing@gmail.com

07411985617

Timekeepers

Sharon Dyson, Peter and Frances Schultz

Promoted for and on behalf of Cycling Time Trials (CTT) under their Rules and Regulations





DON'T FORGET - BRING FRONT & REAR LIGHTS, YOUR HELMET & SAFETY PINS (if needed)

SAFETY NOTES

- Vehicles of Competitors / Officials / Marshals / Helpers to be parked safely and without hindrance to other road users.
- All riders are responsible for their own safety.
- Any additional safety information will be provided at sign-on.
- It is your responsibility to ensure that your machine is roadworthy and that you always ride safely.
- No Drafting. You must not take pace or shelter from any other vehicle or competitor – failure to comply may lead to disciplinary action being taken.
- Road surface conditions may change depending on the season, weather or condition of the road. It is the riders' responsibility to ride in such a manner that allows them to always ride safely and with consideration to other road users.
- Head down riding is dangerous.
- It is the responsibility of the rider to check the Risk Assessment on the day to be aware of any extra hazards or changes they should be aware of.
- Every Competitor **MUST** have, fixed to their machine, both a front and rear facing, working light. These must be clearly visible (Regulation 14)
- Every rider **MUST** wear a helmet that conforms to current Safety Standards (Regulation 15) and it is their responsibility to ensure it fits correctly and is in good condition/undamaged.

IMPORTANT NOTES FOR RIDERS:

- Take extra care where traffic enters or leaves the course by means of slip roads, and in the negotiation of roundabouts.
- You must look ahead and not ride with your head down
- No U-turns to be made in the vicinity of the timekeeper.
- No dismounting in the finishing area, continue to ride well after the finish line before dismounting.
- **DO NOT** warm-up on the course once the event has started.
- For those competing on **ROAD BIKES**, please also complete the separate "road bike" sheet so that your time can be pulled out from final set of results. All road bikes must conform with the following:
 - The road bike can possess drop or straight handlebars
 - No tri-bars, clip-on bars or Spinacci bars are allowed
 - No disc wheels
 - Both front & rear wheels must have at least 12 spokes each
 - The maximum rim depth allowed is 90mm
- Each rider must sign on for themselves and nobody else. Once the course has been completed, please remember to sign out.
- If you forget to sign out, you will be recorded as a "DNF" on the results sheet.
- **Junior riders should bring a completed Parental Consent form in order to be allowed to ride.**
- **To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations.**



- If your number is too high, the Timekeepers may not be able to see it. The number shall be centrally positioned below the waist to be clearly visible from the rear when the rider is in their normal riding position.

Event Sign On

Cramlington Town Football Club, Ormston Street, East Hartford, Cramlington, Northumberland, NE23 3BE. Sign-on will be open from 7am - toilets available.

Parking:

Parking and toilet facilities are available at Cramlington Town Football Club.

Route from HQ to Start:

Turn right out of the car park and join the eastbound carriageway of the A192, turning off the first slip road towards the B1505. Go straight over the mini roundabout and proceed towards Horton Road. Turn left onto Horton Road and the START line is about 600m past the church on the S bends

Course Details

Start at S-bends sign on the B1505 Bedlington Road. Proceed to the Three Horseshoes roundabout and take the first exit slip road onto the A189 northbound. Proceed to North Seaton (Sandy Bay) roundabout and continue straight on to Woodhorn roundabout. Encircle the roundabout and retrace to the Three Horseshoes roundabout by taking the A192 exit slip road. Encircle the roundabout and take the fifth exit slip road onto the A189 northbound to repeat the course via Woodhorn roundabout to finish at the start of the lay-by on the A189 southbound shortly before the slip road leading once more to the Three Horseshoes.

<https://www.cyclingtimetrials.org.uk/course-details/m2510>

Course records

Solo Male

00:48:25 - Lewis Wake, 25-Jul-21 | Barnesbury CC

Solo Female

00:54:27 - Angela Hibbs, 15-Jun-16 | Barnesbury CC

ADDITIONAL NOTES TO COMPETITORS:

Signing-on Sheet and Signing-out Sheet

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

Anti-Doping Control

This event may be subject to Doping Control. As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number



is displayed, you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. For more information, please see CTTs anti-doping rules here: <https://www.cyclingtimetrials.org.uk/articles/view/30>

Prizes / Awards

Please note the prize fund for this race has been reduced as it is our intention to award further prizes later in the season as part of the overall Vector Racing Tri Series

Prizes / Awards will be awarded at HQ as soon as the last rider is finished, and the results finalised.

Male	Female	Prize
1st	1st	£20.00
1st Road Bike	1st Road Bike	£10.00
1st Junior / Juvenile	1st Junior / Juvenile	£10.00
New Course Record	New Course Record	£50
V40	V40	£10
V50	V50	
V60+	V60+	

Please note: One prize per person only and only the highest value prize will be awarded

Tri Vector 2023 TT Series (but not tri).

1st July 2023 – M8 Hilly TT @ Elsdon

14th July 2023 – New Urban Hill Climb

RESULTS

These will be made available on the N&DCA Facebook page as soon as possible as well as being emailed out to competitors.

Results will be published on the CTT Website as soon as possible following resolution of any queries (these can be made via phone, email, or text to the event organiser).

Please contact the Event Secretary (Lewis Timmins) before the event day if you have any queries/concerns/comments on any of the above.



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Start Sheet

No	Start Time	Firstname	Lastname	Club	Gender	Category
31	08:31:00	Martin	Lloyd	Vector Racing	Male	Veteran
32	08:32:00	Christopher	Isats	Berwick Wheelers Cycling Club	Male	Veteran
33	08:33:00	Henry	Povey	VO2MAX Race Team	Male	Veteran
34	08:34:00	Andrew	Tough	Coalfields Triathlon Club	Male	Veteran
35	08:35:00	David	Lavery	North Tyneside Riders CC	Male	Veteran
36	08:36:00	Russell	Smith	Darlington Cycling Club	Male	Veteran
37	08:37:00	Tom	Guy	Sunderland Clarion	Male	Veteran
38	08:38:00	Ross	Downie	Barnesbury CC	Male	Veteran
39	08:39:00	Simon	Crisp	Gosforth RC	Male	Senior
40	08:40:00	Ian	Gallon	North Tyneside Riders CC	Male	Veteran
41	08:41:00	David	Ballantyne	EMC Cycling	Male	Veteran
42	08:42:00	Paul	Barrett	Velo Culture	Male	Senior
43	08:43:00	Scott	Walton	Tyne Tri	Male	Senior
44	08:44:00	Paul	Robson	Protech Velo	Male	Veteran
45	08:45:00	Joe	Tabachnik	Durham University Cycling Club	Male	Espoir
46	08:46:00	Lee	Ridden	Reifen Racing	Male	Veteran
47	08:47:00	Keith	Sibbald	Zeus CRT	Male	Veteran
48	08:48:00	Keith	Davison	Hadrian R.T	Male	Veteran
49	08:49:00	Dan	Venner	North Shields Polytechnic Club	Male	Veteran
50	08:50:00	Andriy	Volkov	Vector Racing	Male	Senior
51	08:51:00	Stephen	Boxall	Houghton CC	Male	Veteran
52	08:52:00	Lee	McCarron	Vector Racing	Male	Senior
53	08:53:00	Benjamin	Amaira	Alnwick Cycling Club	Male	Senior
54	08:54:00	Jack	Smith	Vector Racing	Male	Senior
55	08:55:00	Tim	Burdon	Allen Valley Velo	Male	Veteran
56	08:56:00	David	Cunningham	Vector Racing	Male	Veteran
57	08:57:00	Rhys	Edwards	Edinburgh Road Club	Male	Junior
58	08:58:00	Adele	McAleer	Velo Culture	Female	Veteran
59	08:59:00	Vicky	Gibbs	Reifen Racing	Female	Veteran
60	09:00:00	Louise	Burnie	Blaydon CC	Female	Senior
61	09:01:00	Joanne	Rea	Team Kirkley Cycles	Female	Senior
62	09:02:00	Elliot	Sharp	Vector Racing	Male	Senior
63	09:03:00	Adam	Harrison	Barnesbury CC	Male	Veteran
64	09:04:00	Ian-James	Elder	Vector Racing	Male	Senior
65	09:05:00	Mark	Whaley	Blaydon CC	Male	Veteran
66	09:06:00	Alessandro	Marvaldi	Vector Racing	Male	Veteran
67	09:07:00	Wayne	Coates	Team Bottrill	Male	Veteran
68	09:08:00	John	Bowman	Muckle Cycle Club	Male	Veteran
69	09:09:00	Peter	Stokoe	Reifen Racing	Male	Senior
70	09:10:00	Harry	Walker	Revolver Racing	Male	Veteran



				GTR - Return To Life p/b		
71	09:11:00	John	Routledge	Streamline	Male	Veteran
72	09:12:00	Ellis	Murray	Vector Racing	Male	Espoir
73	09:13:00	Philip	Kennell	GS Metro	Male	Veteran
74	09:14:00	Kris	Whitelaw	Vector Racing	Male	Senior
75	09:15:00	Alexander	Milne	Muckle Cycle Club	Male	Senior
76	09:16:00	Adam	Smith	Team Kirkley Cycles	Male	Senior
77	09:17:00	Jamie	Berry	Vector Racing	Male	Senior
78	09:18:00	Nick	Badcock	Allen Valley Velo	Male	Veteran
79	09:19:00	Carl	Donaldson	GS Metro	Male	Veteran
80	09:20:00	Lewis	Wake	Team Kirkley Cycles	Male	Senior